



**Happy  
Easter**

# Unity Youth Newsflash

## March Family Day- WalkMS2015

### The Five Principles

1. God is all good and active in everything, everywhere.
2. I am naturally good because God's Divinity is in me and everyone.
3. I create my experiences by what I choose to think and what I feel and believe.
4. Through affirmative prayer and meditation, I connect with God and bring out the good in my life.
5. I do and give my best by living the Truth I know. I make a difference

It was a beautiful day to walk for a great cause! Pam Campbell, Hiroko Inami, Carol Ann Painter and her service animal, Snow, Keith Poole, Julie Mallis-Turner, Beth Head, Cathy Hoffman, Kathy Matern, Timothy Hall, Kyle LaSalle, Sonya Goff, Aiden Bell, Marika McDonald, Diane Dickson, David Rindge, and Robbie Keating Rekiec were the participants for this event. We raised well over \$200 and had a great time!

There was music, food, and fun for kids and adults. Thank you so much for your participation in this very important cause.

When you participate in WalkMS, the funds you raise give hope to the more than 10,000 people living with MS in our community. Great job team!



## This Month's Unit: (BePeace) The Connection Practice

BePeace™ is a practice that combines a scientifically proven method for "feeling peace" with a clear path for "speaking peace" that creates an authentic, compassionate connection. As we learn this practice, we are empowered to pass it on, to "teach peace".

This program has been taught widely in schools

in Costa Rica since 2004 and is now moving into the United States.

Offering the BePeace™ program in schools equips students, teachers and parents with the skills to resolve conflicts in a non-violent manner and provides life skills for making positive choices that enrich life.

Two skills are essential

for achieving nonviolence as a way of life:

Feeling peace, defined as the ability to remain peaceful under stress (emotional skill).

Speaking peace, or the ability to communicate empathically and honestly (social skill).

Check out this video:

[https://youtu.be/0Au8zQd\\_ULI](https://youtu.be/0Au8zQd_ULI)

### The 12 Powers

- FAITH STRENGTH
- WISDOM
- LOVE, POWER
- IMAGINATION
- UNDERSTANDING
- WILL, ORDER, ZEAL
- ELIMINATION, LIFE

### Join Us for Easter on April 5th!

Please join us for Children's Church in the sanctuary at 10 a.m. starring Ms. Robin Litman reading "Thunder Bunny"! Afterwards, the children will lead you in a slightly different version of "The Prayer for Protection" and then exit the sanctuary and ready ourselves for an Easter celebration. We will have an Easter egg hunt in Unity's Peace Park for our elementary age children, followed by games and activities led by our teens and Ms. Caitlin.

Ms. Kim will be leading the preschool kids in their Easter egg hunt in the garden off the patio, then out to the park for the games. We will all head back to the patio for snacks and crafts where you can find your children after the service.

Our nursery class will be led by Ms. Cheryl and will have their Easter egg hunt inside the building, along with crafts and goodies.

We hope you can join us for our Easter service and activities

for the children. If you would like to bring a healthy snack for the children to share on the patio, please do so. There will be a table set up on the patio for snacks.

If you would like to share a snack with the nursery, see Ms. Cheryl. Keep in mind the snacks need to be safe for toddlers.

We are so excited for our season of new growth and are anticipating a prosperous new adventure with lots of "rebirth" on the horizon!

### New Building Updates: Odyssey Space Coast Charter School

In February at the Annual Membership meeting, we approved a partnership with Odyssey Space Coast Academy K-8th Grade. Odyssey is a Tuition-Free Brevard County Public Charter School.

The school will be renting the south annex of the new building. They are accepting applications now.

Odyssey Space Coast Academy is governed by a non-profit Florida educational organization composed of parents, teachers, and

community members dedicated to providing an enriched learning environment for all types of learners. This Board is comprised of business and educator professionals, most of whom are also parents of Odyssey students. The volunteer Board members work hard to continue moving the school forward, ensuring the ongoing financial strength of the school, and providing for additional and innovative resources to increase student achievement. Visit their website at:

[www.odysseyspacecoast.com](http://www.odysseyspacecoast.com)

#### School Mission, Vision and Philosophy

*The mission of Odyssey Space Coast Academy is to work in partnership with the family and community, with the aim of helping each child reach full potential in all areas of life. We seek to educate the whole child with the understanding that each person must achieve a balance of intellectual, emotional, physical, spiritual and social skills as a foundation for life.*

### Class Shots



Unikids on left: Ms. Pat with Emily, Sebastian, and Lillian making diversity puppets.

Unifriends on right: Aidan, Haley, and Vivien making their coats of "many colors" for diversity education.

